

	ASTELEHENA LUNES								ASTEARTEA MARTES								ASTEAZKENA MIÉRCOLES								OSTEGUNA JUEVES								OSTIRALA VIERNES								LARUNBATA SÁBADO					IGANDEA DOMINGO				
ORDUTEGIA HORARIO	1 SALA Jupiter ARETOA	2 SALA Lurra ARETOA	3 SALA Marte ARETOA	4 SALA Merkurio ARETOA	5 SALA Artizarra ARETOA	6 SALA Aero ARETOA	7 SALA Ilargia ARETOA	SALA HYROX ARETOA	1 SALA Jupiter ARETOA	2 SALA Lurra ARETOA	3 SALA Marte ARETOA	4 SALA Merkurio ARETOA	5 SALA Artizarra ARETOA	6 SALA Aero ARETOA	7 SALA Ilargia ARETOA	SALA HYROX ARETOA	1 SALA Jupiter ARETOA	2 SALA Lurra ARETOA	3 SALA Marte ARETOA	4 SALA Merkurio ARETOA	5 SALA Artizarra ARETOA	6 SALA Aero ARETOA	7 SALA Ilargia ARETOA	SALA HYROX ARETOA	1 SALA Jupiter ARETOA	2 SALA Lurra ARETOA	3 SALA Marte ARETOA	4 SALA Merkurio ARETOA	5 SALA Artizarra ARETOA	6 SALA Aero ARETOA	7 SALA Ilargia ARETOA	SALA HYROX ARETOA	1 SALA Jupiter ARETOA	4 SALA Merkurio ARETOA	5 SALA Artizarra ARETOA	7 SALA Ilargia ARETOA	SALA HYROX ARETOA	1 SALA Jupiter ARETOA	2 SALA Lurra ARETOA	4 SALA Merkurio ARETOA	5 SALA Artizarra ARETOA	7 SALA Ilargia ARETOA								
7:00	BODYPUMP 7:10-8:00				FUNCIONAL 7:10-8:00						PILATES 7:10-8:00	SPINNING 7:10-8:00	TODO TONO 7:10-8:00			HYROX 7:10-8:00									BODYPUMP 7:10-8:00				SPINNING 7:10-8:00	TODO TONO 7:10-8:00																				
8:00								HYROX 8:00-8:50													SPINNING 8:00-8:50	FUERZA MUJER 8:30-9:20				ESPALDA ACTIVA 8:00-8:50	PILATES BALL 8:00-8:50				HIIT 8:00-8:50					FUNCIONAL 8:10-9:00		HYROX 8:10-9:00					HIIT 8:10-9:00							
9:00		ESPALDA ACTIVA 8:30-9:20								PILATES BALL 8:30-9:20				AERO 8:30-9:20														BARRÉ 9:00-9:50	PILATES 9:00-9:50				PILATES AERO 8:30-9:20	JUMPING FITNESS 9:00-9:50					BOXINGFIT 9:00-9:50					FUNCIONAL 9:00-9:50						
10:00	BODYPUMP 9:30-10:20	DANCE 9:30-10:20	PILATES 9:30-10:20	SPINNING 9:30-10:20	HIIT 9:30-10:20			HYROX 10:00-10:50	GAP 9:30-10:20	BARRÉ 9:30-10:20			FUNCIONAL 9:30-10:20	AERO 9:30-10:20			CORE 9:30-10:15	ZUMBA 9:30-10:20	PILATES 9:30-10:20			HIIT 9:30-10:20			HYROX 10:00-10:50	GAP 9:30-10:20		PILATES 9:00-9:50		FUNCIONAL 9:30-10:20	PILATES AERO 9:30-10:20			BODYPUMP 9:30-10:20	ESPALDA ACTIVA 9:30-10:20			DANCE (3er S/mes) 10:00-10:50	HYROX 80 10:00-11:20			SPINNING 10:00-10:50		JUMPING FITNESS 10:00-10:50						
11:00	BODY BALANCE 10:30-11:20	PILATES BALL 10:30-11:20	PILATES 10:30-11:20		FUERZA MUJER 10:30-11:20				ZUMBA 10:30-11:20	YOGA 10:30-11:50	ACTIVIDAD 65+ 11:00-11:50		TODO TONO 10:30-11:20			HYROX 80 10:30-11:50	BODYPUMP 10:30-11:20	ESPALDA ACTIVA 10:30-11:20	PILATES 10:30-11:20						HYROX 10:00-10:50	ZUMBA 10:30-11:20		ACTIVIDAD 65+ 11:00-11:50		TODO TONO 10:30-11:20			BODY BALANCE 10:30-11:20	YOGA 10:30-11:50					ZUMBA (3er S/mes) 11:00-11:50	SPINNING 11:15-12:05					BODYPUMP 11:15-12:05					
12:00																																																		
13:00																																																		
14:00	BODYPUMP 14:00-14:50				FUNCIONAL 14:00-14:50																					BODYPUMP 14:00-14:50																								
15:00			PILATES 14:30-15:20																	PILATES 14:30-15:20																														
16:00	GAP 15:30-16:20		PILATES 15:30-16:20		HIIT 15:30-16:20		ZUMBA 15:30-16:20		BODYPUMP 15:30-16:20	ESPALDA ACTIVA 15:30-16:20			TODO TONO 15:15-16:05	AERO 15:30-16:20	GAP 15:30-16:20		CORE 15:30-16:15		PILATES 15:30-16:20					GAP 15:30-16:20	HYROX 15:30-16:20	CORE 15:30-16:15				SPINNING 15:15-16:05	TODO TONO 15:15-16:05	PILATES AERO 15:30-16:20		BODYPUMP 15:30-16:20																
17:00			PILATES 16:30-17:20			AERO 16:30-17:20	GAP 16:30-17:20			PILATES BALL 16:30-17:20	PILATES 17:00-17:50								PILATES HIIT 16:30-17:20		TODO TONO 16:30-17:20	PILATES AERO 17:00-17:50				PILATES BALL 16:30-17:20	PILATES 17:00-17:50						GAP 16:30-17:20																	
18:00	TODO TONO 17:30-18:20	STRETCHING 18:00-18:20	PILATES HIIT 17:30-18:20	SPINNING 17:00-17:50	FUNCIONAL 17:30-18:20	AERO 17:30-18:20		HYROX 18:00-18:50	BODYPUMP 17:30-18:20	BARRÉ 17:30-18:20	PILATES 18:00-18:50	SPINNING 17:30-18:20	HIIT 17:30-18:20			HYROX 17:30-18:20	FUERZA MUJER 17:30-18:20	YOGA 17:30-18:20	PILATES 17:30-18:20		FUNCIONAL 17:30-18:20	PILATES AERO 18:00-18:50			DANCE 17:30-18:20	BODYPUMP 17:30-18:20	PILATES 17:00-17:50			HIIT 17:30-18:20			ZUMBA LIFT 17:30-18:20	HYROX 17:30-18:20		CORE 18:00-18:45	PILATES BALL 18:00-18:50	PILATES HIIT 18:15-19:05	SPINNING 17:15-17:55	TODO TONO 17:30-18:20	PILATES AERO 17:00-17:50									
19:00	CORE 18:30-19:15		PILATES 18:30-19:20	SPINNING 18:00-18:50	HIIT 18:30-19:20	AERO 18:30-19:20	ZUMBA 18:30-19:20	BOXINGFIT 19:00-19:50	BODY BALANCE 18:30-19:20	BARRÉ 18:30-19:20	PILATES HIIT 18:00-18:50	SPINNING 18:30-19:20	FUNCIONAL 18:30-19:20			HYROX 80 18:30-19:50	FUERZA MUJER 18:30-19:20		PILATES 18:30-19:20						BODYSTEP 18:30-19:20	PILATES 18:00-18:50			SPINNING 18:30-19:20	FUNCIONAL 18:30-19:20		DANCE 18:30-19:20	BOXINGFIT 18:30-19:20		BODYPUMP 19:15-20:05															
20:00	BODYSTEP 19:15-20:05	POWER YOGA 19:30-20:30	PILATES 19:30-20:20	SPINNING TOP 19:00-20:10	FUNCIONAL 19:30-20:20	AERO 19:30-20:20	JUMPING FITNESS 19:30-20:20	HYROX 20:00-20:50	BODYPUMP 19:30-20:20	ESPALDA ACTIVA 19:30-20:20	PILATES 20:00-20:50	SPINNING 19:30-20:20	HIIT 19:30-20:20	AERO 19:30-20:20	ZUMBA LIFT 19:30-20:20		CORE 19:30-20:15	POWER YOGA 19:30-20:30	PILATES 19:30-20:20		FUNCIONAL 19:30-20:20	PILATES AERO 19:00-19:50			BODYPUMP 19:30-20:20	YOGA 19:00-20:20		PILATES 19:00-19:50		HIIT 19:30-20:20		PILATES AERO 19:30-20:20		BODYPUMP 19:15-20:05	YOGA 19:00-20:20															
21:00			PILATES 20:30-21:20	SPINNING 20:30-21:20					FUERZA MUJER 20:30-21:20				FUNCIONAL 20:30-21:20		GAP 20:30-21:20																																			
21:30																																																		