SALA ALLEGRO ARETOA

TEMPORADA 2026/27 DENBORALDIA

	Astelehena **Lunes**	Asteartea **Martes**	Asteazkena **Miércoles**	Osteguna **Jueves**	Ostirala **Viernes**	Larunbata **Sábado**	Igandea **Domingo**
7.00							
8.00							
9.00	PILATES ALLEGRO LX 8:30-9:20	PILATES ALLEGRO MI 9:00-9:50	PILATES ALLEGRO LX 8:30-9:20	PILATES ALLEGRO MI 9:00-9:50			
10.00	PILATES ALLEGRO LX 9:30-10:20	PILATES ALLEGRO MI 10:00-10:50	PILATES ALLEGRO LX 9:30-10:20	PILATES ALLEGRO MI 10:00-10:50			
11.00	PILATES ALLEGRO LX 10:30-11:20	PILATES ALLEGRO MI 11:00-11:50	PILATES ALLEGRO LX 10:30-11:20	PILATES ALLEGRO MI 11:00-11:50	PILATES ALLEGRO V 10:30-11:50		
12.00							
13.00							
14.00	PILATES ALLEGRO LX 13:30-14:20		PILATES ALLEGRO LX 13:30-14:20				
15.00	PILATES ALLEGRO LX 14:30-15:20	PILATES ALLEGRO MI 14:30-15:20	PILATES ALLEGRO LX 14:30-15:20	PILATES ALLEGRO MI 14:30-15:20			
16.00	PILATES ALLEGRO LX 15:30-16:20	PILATES ALLEGRO MI 15:30-16:20	PILATES ALLEGRO LX 15:30-16:20	PILATES ALLEGRO MI 15:30-16:20	PILATES ALLEGRO V 15:30-16:50		
17.00	PILATES ALLEGRO LX 16:30-17:20	PILATES ALLEGRO MI 16:30-17:20	PILATES ALLEGRO LX 16:30-17:20	PILATES ALLEGRO MI 16:30-17:20			
18.00	PILATES ALLEGRO LX 17:30-18:20	PILATES ALLEGRO MI 18:00-18:50	PILATES ALLEGRO LX 17:30-18:20	PILATES ALLEGRO MI 18:00-18:50			
19.00	PILATES ALLEGRO LX 18:30-19:20	PILATES ALLEGRO M 19:00-20:20	PILATES ALLEGRO LX 18:30-19:20	PILATES ALLEGRO J 19:00-20:20			
20.00	PILATES ALLEGRO LX 19:30-20:20	PILATES ALLEGRO MI 20:30-21:20	PILATES ALLEGRO LX 19:30-20:20	PILATES ALLEGRO MI 20:30-21:20			
21.00							